



# Skylon Bar & Grill Breakfast Menu

Monday - Sunday 7 am — 10:30 am

Full Irish Breakfast **€18.00** | Kids Breakfast **€7.50**

Continental Selection **€12.00**

## Hot Buffet

THICK BACON	12
PORK SAUSAGES	1, 12
BLACK & WHITE PUDDING	1, 12
GRILLED TOMATOES	
BUTTERED MUSHROOMS	
CRISPY HASH BROWNS	1, 3, 12
BAKED BEANS	
PORRIDGE	1,7
FRIED EGG	3
SCRAMBLED EGGS	3, 7

\*POACHED OR BOILED EGGS  
AVAILABLE ON REQUEST

\*SMOKED SALMON & SCRAMBLED  
EGG - ON REQUEST 3, 4, 7

## Cold Buffet

NATURAL YOGHURT	7
WILD BERRY COMPOTE	
SELECTION OF COLD MEATS	10, 12
SELECTION OF CHEESES	7, 8, 9 10
FRESH FRUIT SALAD	
SELECTION OF FRUITS	
SELECTION OF YOGURTS	7
GRAPEFRUIT, PRUNES	

## Gluten Free (On Request)

GLUTEN-FREE BREAD, SCONES, MUFFINS	3,7,8,11
GLUTEN-FREE SAUSAGES	12
PORRIDGE	7

## Preserves

RASPBERRY, STRAWBERRY, HONEY, MARMALADE, NUTELLA, DAIRY BUTTER, LOW BUTTER	7
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## Cereals

RICE KRISPIES MUESLI	
CORNFLAKES	1,7
WEETABIX	1,7
COCO POPS	1,7

## Bread & Pastries

SELECTION OF WHITE, BROWN, OR WHOLEMEAL BREAD	1,3,7,8,11
BUTTER CROISSANTS	1,3,7,8,11
PAIN AU CHOCOLAT	1,3,7,8,11
FRUIT SCONE	1,3,7,8,11
DANISH SELECTION	1,3

## Cold Beverages

ORANGE JUICE	
APPLE JUICE	
STILL/SPARKLING WATER	
SOY MILK	6,7
LOW-FAT MILK	7
ALMOND MILK	7

## Hot Beverages

IRISH BREAKFAST TEA	7
SELECTION OF HERBAL TEAS	7
AMERICANO 7    CAPPUCCINO 7	
LATTE 6,7    ESPRESSO 7	
DOUBLE ESPRESSO 7	
MOCHA 7    HOT CHOCOLATE 7	

1= Gluten 2 = Crustaceans 3= Eggs 4= Seafood 5= Peanuts 6= Soya 7= Dairy 8= Tree Nuts 9= Celery 10=  
Mustard 11= Sesame 12= Sulphur Dioxide 13= Lupin 14= Mollusc